



PRESENTS
INFORMATION SESSION
ON
ANXIETY

Just want to know more about mental illness? This information session is for you.

YOU CAN ALSO LEARN SOME VALUABLE TIPS ABOUT LOOKING AFTER YOUR OWN MENTAL HEALTH

Information provided includes: signs, symptoms, causes, treatments of and services for mental illness.

Speakers:
Education Coordinator plus Community Educator who share their experiences.

Cost:

\$10.00 non – members
\$5.00 Concession
\$4.00 MIFSA members



Notes & Supper provided
*Please arrive 15 minutes early for registration thank you

WHERE:

Mental Health Resource Centre
1 Richmond Road Keswick
(Upstairs in Conference Room)

WHEN:

**Tuesday 20th
November 2007**

TIME:

7.00 pm – 9.00 pm

All interested persons welcome

To book contact: the Mental Illness Fellowship of SA
Ph. (08) 8221 5160
Email your booking at akelly@mifsa.org

Presented by

Mental Illness Fellowship of South Australia
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